



HEALTHY, WEALTHY AND WISE NEISD COUNCIL PTA NEWSLETTER



Texas PTA Summer Key Dates

Key Dates

Upcoming Events

Upcoming Deadlines

August 31, 2015: Head Start Award

September 30, 2015: Early Bird Achievement Award

October 30, 2015: Honor Roll Awards

February 26-28, 2016: Family Engagement Conference, Dallas

July 22-24, 2016:



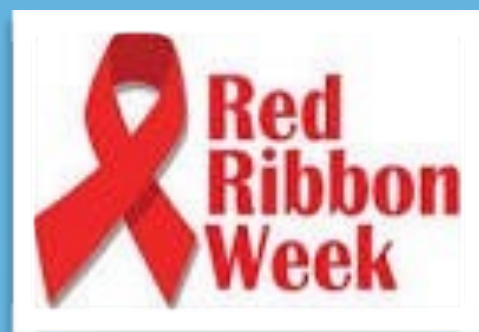
The NEISD Council PTA loves to bring you resources and information you can use at your campus to help make students, staff and parents healthy, wealthy and wise. The health and well-being of our students is a communities' greatest wealth and we are here to support PTA efforts to bring programs , information and education to school. We are your support system and go to for questions, advice, ideas and assistance. Programs encompass all grade levels and a variety of areas. We have information and resources on everything from healthy snacks, to child seat safety, to distracted driving programs and beyond. As you close your school year, think ahead to what your PTA would like to bring to campus. If your PTA is planning programs for the 2015-2016 school year, do you need help with ideas and resources? Is there a certain program workshop you would like to attend? Please contact us and let us help!!!

Please reach Melinda Cox at healthylifestyles@necouncilpta.com



An idea and a community came together over the summer at Tex Hill Middle School. The Tex Hill Tiger PTSA worked together with the campus and a local Eagle Scout to build a garden and an opportunity. The gardens will provide a place to learn and experiment and grow good things to eat and share. This was no easy task and hours of sweat and hard work went into this project. Want to dig in the ground and plant something healthy? We can help connect you with resources.





The Red Ribbon Campaign was started when drug traffickers in Mexico City murdered DEA agent Kiki Camarena in 1985. This began the continuing tradition of displaying Red Ribbons as a symbol of intolerance towards the use of drugs. The mission of the Red Ribbon Campaign is to present a unified and visible commitment toward the creation of a **DRUG-FREE AMERICA.**

WHY SUPPORT THE NATIONAL THEME?

A theme unifies each year's campaign and helps to broadcast one message creating a tipping point to change behavior.

HOW?

Plan a Red Ribbon celebration. Order and display Red Ribbon Materials with the National Red Ribbon Theme. Order for your family, students, staff, patients, employees and customers and encourage them to wear the red ribbon symbol during Red Ribbon Week, October 23rd - 31st.



The National Family Partnership is the national sponsor of the Red Ribbon Campaign® We are helping citizens across the country come together to keep children, families and communities safe, healthy and drug-free, through parent training, networking and sponsoring the National Red Ribbon Campaign®. PTA members are asked to assist the Counselors at each school with the Red Ribbon Week celebrations, and additional activities throughout the school year.

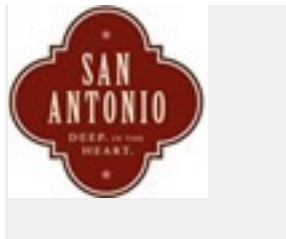
Please visit <http://nfp.org> for more information.

NEISD will celebrate Red Ribbon Week, October 26-30, 2015.



endorsed by

Mayor's Fitness Council
City of San Antonio



SA 2020



Every Hour...  60 min

 you spend exercising

extends your life expectancy by

2 Hours!

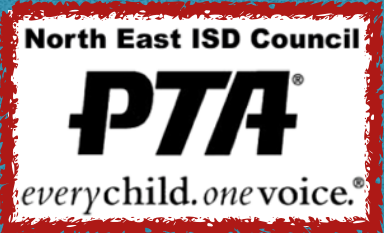
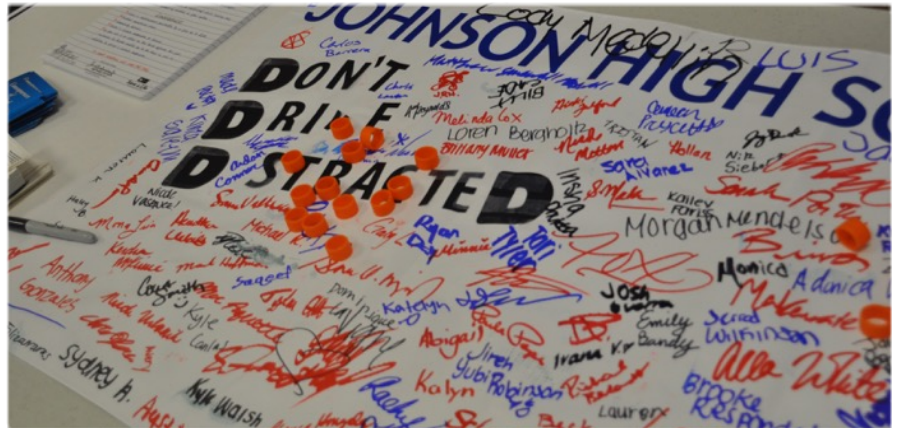
You can register for this race at www.siclovía.org

Siclovía is a free event that turns major city streets in to a safe place for people to exercise and play. The streets become temporarily car-free for about 5 hours on Sundays for families to run, ride bikes, take exercise classes and enjoy their city streets. September 27, 10am -3pm.

8 out of **10** people believe that combining outdoor recreation & social connections can improve one's ability to learn.







Johnson High School Smart Driving and Council Workshop Event



**Johnson High School
Eyes on the Road
Smart Driving Event
Friday, October 9, 2015 at 11 am**

If your campus is interested in spreading the safe driving message and would like to get some information about how to hold such an event at your school, please join Melinda Cox (NEISD Council Healthy Lifestyles Chair) for an “interactive” Council workshop. Join us during our JHS event and we can answer questions and you can meet the people who bring these important resources to our schools and communities. Please contact Melinda Cox (melmadcox@msn.com) by October 2 if you would like to attend. You must RSVP for this event so details about where to meet and a check in process can be set up.